



LAFAYETTE COUNTY HEALTH DEPARTMENT  
 PRIMARY ACCREDITATION · SEPTEMBER 2006-SEPTEMBER 2009  
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**Public Health**  
 Prevent. Promote. Protect.

# 2008 ANNUAL REPORT

JANUARY 2009

Hours of Service: Mon-Fri.. 8:00 AM-4:30 PM

## **LCHD PUBLIC HEALTH PROGRAMS**

- Environmental Health
- Communicable Disease
- Tuberculosis Testing Education
- Immunizations/Education
- Sexually Transmitted Diseases
- Emergency Preparedness
- Oral Health Preventive Services
- Car Seat Education
- Division of Youth Services
- Lead Testing/Education
- DayCare Health Promotions
- EnhanceWellness
- EnhanceFitness
- Matter of Balance
- Missouri on the Move...In Lafayette
- Chronic Disease
- Expectant Parent Classes
- American Cancer Society Wig Boutique
- Health and Wellness Clinics
- Area Health Education Center
- Teen Outreach Program
- Building Tools for Young Parents
- Vital Records

## **PUBLIC HEALTH AFFECTS EVERYONE! CORE PUBLIC HEALTH FUNCTIONS PROGRAM ACTIVITIES**

### ***ENVIRONMENTAL HEALTH STATS***

**469**-visits (inspections, complaints, technical assistance) outside office in communities

**27**-Walk-in visits from public in office

**13**-Activity referrals received from/sent to other agencies

**8**- Visits to other agencies (consultations, cooperative activities)

**227**-Attendees at 20 Food Safety programs classes

**153**-Restaurant inspections

**54**-Grocery/C store inspections

**38**-School food service inspections

**33**-Temporary food stand inspections at fairs

**31**-Other food service inspections

**23**-Motel inspections

**29**-Actions related to private sewage systems

**4**-Actions related to private water supplies

**19**-Actions related to environmental health problems in homes, schools, workplaces

**27**-Complaint investigations

### ***COMMUNICABLE DISEASE STATS***

**160**-Cases investigated

**12**-Public announcements (estimated # of people reached-SEVERAL THOUSAND), Media; newspaper, radio, students & parents in all school districts, healthcare providers

**101**-Attendees at 3 programs offered to public

**8**-Meetings attended/ conducted by staff

### ***TUBERCULOSIS STATS***

**685**-TB tests given/read, 458 in 2007

**14**-Case Management; 6—2006

Educational programs provided; law enforcement entity provided with testing and education

### ***IMMUNIZATION STATS***

**1036**-Office Immunizations; 860 in 2007

**67**-Off-site clinics; 42 in 2007

**4**-Staff Trainings; 6 in 2007

Educational programs presented

**581**-Immunization clients active

### ***SEXUALLY TRANSMITTED DISEASES***

HIV testing is done by appointment. We also provide treatment, counseling, and education through the Mo Dept of Health & Senior Services for persons and their partners who have been diagnosed for STD's by other providers.

### ***VITAL RECORDS***

**1500** Birth/death certificates



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## LCHD EMERGENCY PREPAREDNESS ACTIVITIES

**695-**Distributed Emergency preparedness literature; Ready-in-3 Booklet

**17-**Preparedness presentations, coping with emergencies to over 200 residents

**Staff trainings-**National Incident Management System; Strategic National Stockpile training/drills; on-line training for Mass dispensing, Disaster Mental Health Intervention, Post Traumatic Stress Disorder, Risk Communication; GIS Tornado exercise; Regional HAM Radio exercise; and North District Hospital Planning Exercise of District Hospital Coordination Centers.

**Secured components of County preparedness;** 7 Points of Distribution, Memorandum of Understanding with law enforce-

ments for security of P.O.D.s, MOU's with bus companies to provide transportation of citizens to P.O.D.s, MOU's with 3 printers across County for 24/7 printing of materials, Emergency plan for mass distribution of materials door to door if needed, designated pick-up locations at each community for transportation to P.O.D.s

**Communication links in place and tested;** email, fax Chamber of Commerce mail lists, cable TV override, newspapers, radio stations

**Collaborating Agencies-**Lafayette County School Districts, Lafayette County law enforcement agencies, County emergency manager and local emergency managers meet monthly to discuss and plan Mutual aid agreement with Saline

Co Health Dept., Johnson County Community Health Services, City of Independence Health Department

**Stockpiled within LCHD emergency items;** water, food, personal supplies for at least 72 hours-Ready-in-3 Concept, 3 portable generators, and trailer for storage and transport of support supplies to incident site (s).

**Pharmacies identified** within County that currently have on hand antiviral meds for immediate use in pandemic flu event. Working on Antiviral Distribution Planning with Doctors, Pharmacists and Hospital.

**Working on Exercise** for April, 2009 to Distribute Emergency Preparedness information to every household in Lafayette County.

## LCHD COLLABORATING TO PROVIDE PROGRAMS FOR SENIORS

**EnhanceWellness**—This program is in collaboration with Care Connections through the District Area III Agency on Aging and is funded through the Rural Health Outreach Grant. LCHD provides the nurse for the program. There are currently 6 people enrolled in the program.

**Enhance Fitness**—The EnhanceFitness program is in collaboration with Care Connections through the District Area III Agency on Aging and is funded through the Rural Health Outreach Grant. LCHD provides the nurse for the program. There were 4 people enrolled in the program.

**Matter of Balance (Falls Prevention)** - This program is in collaboration with Care Connections through District Area III Agency on Aging and is funded through the Rural Health Outreach Grant. This program is designed to reduce the fear of falling and increase the activity levels of older adults who have concerns about falls. It is taught in eight two-hour sessions. LCHD provides the nurse for the program.

## BUILDING TOOLS FOR YOUNG PARENTS

**Building Tools for Young Parents** is designed to improve the health status and healthy outcomes of at-risk infants, children, and adolescents in Lafayette County. Methods of success include; promoting parental resilience, increasing social connections, increasing knowledge of parenting and child development, providing concrete support in times of need, and promoting social and emotional competence of children. This is accomplished through 12 monthly Young Parent

Support Group meetings, Mentoring Moms Program, teen lunches, monthly newsletters reaching 300 young parents in county, distribution of 22 safe cribs as well as receiving safe crib training, infant massage kits, and collaboration with local Parents as teachers program. Crib safety is promoted through Safe Sleep educational materials. 34 Infant massage kits have been distributed through out the county.

## REACHING THE KIDS OF LAFAYETTE COUNTY

**Oral Health**—The *Saving Smiles* program screened 1667 children in five school districts/2 private schools and made 371 referrals for follow-up care. All children had or will receive a fluoride varnish application to help prevent tooth decay. Kindergarten through 6th grade was screened in Wellington-Napoleon and St. Paul's Elementary School in Concordia; pre-K through 8th grade at Immanuel Lutheran School in Higginville; K through 4th in Odessa; pre-K through 5th grade in Higginville; and pre-K through 4th grade in Lexington and Concordia. Every child in these districts received oral health education and was provided a tooth brush. This program is provided in collaboration with Health Care Coalition of Lafayette, MO Department of Health and Senior Services, Lafayette County Health Department, and local dental providers.

**Car Seat Distribution**—Parents receive educational instruction through a video on car seat safety and how to properly install and use a car seat. LCHD collaborates with the Higginville Optimist to provide WHALE (We Have A Little Emergency) information that is placed on the car seat and in the car window alerting emergency personnel that there is a child in the car and lists contact information also.

**Red Cross Babysitter Classes** were held 3 times in 2008 with 19 area youth participating. Classes included car seat safety education, first aid, 911, fire and poison prevention, and nutritional snacks.

**Division of Youth Services**—Collaborative efforts with Waverly Regional Youth Center continue in the areas of TB screenings, immunization, and Health Education. The facility is a residential treatment center, part of the Missouri Division of Youth Services

and houses young men, ages 12 to 17. Through the year, 13 TB screens were done and 20 immunizations were given to the residents and the employees. Educational programs on Sun Safety and Tobacco Education was presented to the Youth.

**Lead Education, Testing, Case Management, Training**—Education distributed to parents of 6 mos. to 6 yrs old children through media information, literature provided and dispensed through Parents as Teachers, schools, preschool and daycare providers. Testing has increased by local medical providers and regional providers. 74 tests performed by LCHD. Case management management services provided to 1 child. Staff attended educational training.

**BAT Training**—The Red Cross Basic Aid Training class was presented to 283 4th graders in 5 school districts, 3 private schools in Lafayette County and 1 Girl Scout Troop. Training included rescue breathing, choking, first aid 911, emergency preparedness, fire and poison prevention.

### **Child Care Health Consultation Activities for 2008**

75-Daycare Health Promotions presented to 1,578 kids.

3-Daycare Provider Trainings to 25 providers.

**Maternal Child Health-Reduce Obesity in Children**—Lafayette County Health Dept is contracted through DHSS for this program. This involves healthy lifestyles changes such as supporting availability of healthy, affordable locally-produced food and safe, accessible physical activity. LCHD is involved with several projects including Healthy Kids Challenge Workshop provided for 4th & 5th grade teachers throughout the County; Healthy Lifestyles Promotion Initiative through Missouri University Extension; and collaboration with KC Healthy Kids to establish a Greater KC Food Policy Council.

## NEW PROGRAMS

**AHEC** (Area Health Education Center) - schedule and deliver health education through various methods ie classroom presentations, health education activities, and participation in health fairs. Provide health education to Schools, community organizations, churches and other public venues. Lafayette County Health Department provides Health Educator for program.

**TOP** (Teen Outreach Program) is a pilot program through Department of Health and Senior Services— one school district in Lafayette County is participating. Goals of the program target Healthy Behavior, Life Skills, and Sense of Purpose. The goal is to decrease school drop out rate, teen pregnancy, school suspension and course failure thru education inservice learning. Lafayette County Health Department is contract coordinator for the program.

## PUBLIC HEALTH INFORMATION REACHES COUNTY.....

**30 news releases** to county newspapers

**Immunization Clinics, Screening Dates, Meeting dates**—sent to: 3 Cable Stations, 4 Chamber of Commerce newsletters

**Health information on vaccines, Communicable disease, Health alerts** sent via fax to school nurses, physicians, EMS, LRHC, Veterinarians, Police departments

**Health information** shared with local churches and businesses

## MISSOURI ON THE MOVE...IN LAFAYETTE COUNTY and other Health & Wellness Programs

**Missouri on the Move...in Lafayette County** is a community walking program that is designed to be fun and motivational and to emphasize physical activity as a way to improve and maintain better health. The 10 week program was offered in Concordia, Higginsville, Alma, Waverly this fall - 329 individuals participated. **Missouri on the Move...in Lafayette County** is a cooperative effort of the Lafayette County Health Department, the University Extension, Lafayette Regional Health Center and involves a steering committee of community leaders from each community involved.

### 11th Annual Health Forum for

**Women**—was held in Odessa. The event took place at the Presbyterian Church, March 14th, 2008. Health screenings preventive education exhibits and special guest speakers were made available to over 200 women. The main focus was heart disease awareness and prevention but encompassed and promoted all aspects of women’s health and disease prevention.

**Other special programs, education, and screenings**— relating to chronic disease, especially heart disease and stroke prevention were held at various locations around the county. Cholesterol screenings, BMI and hearing screenings were done for Tyson’s

Health Fair in Concordia. Cholesterol, blood pressure and blood sugar screens were done for MFA Farmer Appreciation luncheons in Lexington, Corder, and Odessa.

Other health and wellness clinics were held at; Higginsville Senior Center and Pioneer House. Educational program were done at County Senior Centers monthly—1,346 individuals were reached.

Staff also participated in local school districts development of wellness plans and policies within their schools. Staff also attended Health Advisory Committee meetings. Ms. Martz attended Lafayette LEAD and graduated from the program in November.

## WOMEN’S SERVICES FOR 2008

Pregnancy testing is done on a walk-in basis on 7 specified days of the month. Women are counseled according to their test results. Clients who have positive tests are given information regarding providers, warning signs, how to take care of themselves for a healthy pregnancy, insurance, and community resources such as; WIC, Division of Family Support, Parents as Teachers (PAT), Young Parent

Support Group and Expectant Parent Class. Clients who have negative tests are referred for follow-up to a provider of their choice for further well-woman care. In 2008, 125 women were seen for pregnancy testing and counseling.

**Expectant Parent Classes**—Classes are held for expectant parents to educate them on the basics of pregnancy and fetal develop-

ment, the process of labor and delivery, newborn care, feeding and safety were held in March, September, and November at an all day Saturday class that seemed to work well for everyone’s time and attention— 37 attended these classes..

**American Cancer Society Wig Boutique**—3 wigs were distributed. Also a site for Nutritional supplement pick-up— 2 clients.

## 2008 LCHD FINANCIAL REPORT

TOTAL REVENUES	AMOUNT	TOTAL EXPENDITURES	AMOUNT
Local Revenue	\$384,559	Expenditures	\$762,098
Grant, Collaborative Funding	\$221,461	Capital Costs	\$ 22,422
Other Revenue	\$ 41,879	<b>TOTAL EXPENDITURES</b>	<b>\$784,520</b>
DHSS Revenue	\$156,127		
<b>TOTAL</b>	<b>\$804,026</b>		

**LCHD PROGRAMS POSSIBLE THROUGH COLLABORATION WITH....**

LCHD PROGRAMS	COLLABORATING WITH/OR FUNDED BY
<ul style="list-style-type: none"> <li>• Building Tools for Young Parents</li> </ul>	<ul style="list-style-type: none"> <li>• Children’s Trust Fund, County School Districts Parents As Teachers, United Way, Extension Homemakers</li> </ul>
<ul style="list-style-type: none"> <li>• Jump Into Action Walking Program</li> </ul>	<ul style="list-style-type: none"> <li>• County School Districts, Rural Health Outreach Grant, Missouri University Extension., Greater Kansas City Health Care Foundation</li> </ul>
<ul style="list-style-type: none"> <li>• Basic-Aid Training and Babysitter Class</li> </ul>	<ul style="list-style-type: none"> <li>• Red Cross, County School Districts</li> </ul>
<ul style="list-style-type: none"> <li>• Saving Smiles Oral Health Preventive Services</li> </ul>	<ul style="list-style-type: none"> <li>• Health Care Coalition of Lafayette County, Missouri Department of Health &amp; Senior Services, County School Districts, Lafayette County Dental Providers</li> </ul>
<ul style="list-style-type: none"> <li>• Enhanced Wellness</li> <li>• Enhanced Fitness</li> <li>• Matter of Ballance</li> </ul>	<ul style="list-style-type: none"> <li>• District III Area on Aging, Rural Health Outreach Grant</li> </ul>
<ul style="list-style-type: none"> <li>• Missouri on the Move in Lafayette County</li> </ul>	<ul style="list-style-type: none"> <li>• Missouri University Extension, Rural Health Outreach Grant, Lafayette Regional Health Center</li> </ul>
<ul style="list-style-type: none"> <li>• Annual Women’s Health Forum</li> </ul>	<ul style="list-style-type: none"> <li>• Lafayette County Communities and Agencies</li> </ul>
<ul style="list-style-type: none"> <li>• Rural Health Outreach Grant</li> </ul>	<ul style="list-style-type: none"> <li>• District III Area on Aging, Rodgers-Lafayette Dental and Health Center, Lafayette Regional Health Center</li> <li>• Pathways Community Behavioral Healthcare, Inc.</li> </ul>

**Vision Statement**  
Lafayette County—a community of safe, prepared and healthy people.

**Mission Statement**

The Lafayette County Health Department empowers people to develop safe and healthy lifestyles and environments. We do this by assessing community needs and resources; leading the development of plans, policies and programs to address the needs; and assuring essential public health services for all.

**LCHD Applies these Values**

**Responsiveness**—We are committed to a strong, responsive public health system that promotes and protects the public’s health and adapts to a rapidly changing environment.

**Being Proactive**—We are committed to looking toward the future, anticipating and meeting health challenges by developing creative, innovative programs and policies.

**Accountability**—We respect the valuable resources entrusted to us. We are committed to fiscal and program accountability and evaluating our performance.

**Teamwork**—We are committed to working in collaboration with others who contribute to the public’s health in Lafayette County, during regular working hours and beyond. We are also committed to teamwork among LCHD staff, to enhance productivity and effectiveness.

**Accessibility**—We are committed to making our services accessible to all who need them.

**Dignity, Self-worth, and Individual Rights**—We treat all people honestly, fairly with respect and dignity, and ensure their rights when providing them with services and supports.

**Prevention and Early Intervention**—We emphasize prevention and early intervention so all people can live their lives free of, or less affected by illness or disease.

**Valued Workers**—Our organization’s most important resources are the people who provide services and supports.