

The Lafayette County Health Department (LCHD) was chosen as one of eighteen local public health agencies to participate in the Building Communities for Better Health program through the Department of Health and Senior Services. The purpose of the project is to build healthy inclusive communities through reducing primary risk factors for developing chronic diseases: physical inactivity, unhealthy eating and tobacco use. Chronic diseases are the leading causes of death and disability in Missouri.

The primary objective will be to develop and increase the capacity of a community coalition in Lexington to make policy and environmental changes that reduce tobacco use, and increase access to healthy foods and safe places to be physically active.

LCHD staff will work directly with the local community coalition on a variety of actions, including assessments, interpretation of data, action planning, identification of resources and sustainability.

For more information contact the Lafayette County Health Department at 660-259-4371.

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