

## September

### Emergency Preparedness Month

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September is the month that is recognized as “Emergency Preparedness Month.” This is the time that is set aside for everyone to check their emergency supplies; review your emergency plan, and make any updates needed so that you are as prepared as you can be for what calamity might occur.

So, how are you doing? Do you need to add some batteries to your supplies? How about water? Can you really have too much water stored? And what about emergency contact numbers for the family that lives away; friends in other towns, and neighbors that might need special help? Every night on the news a new major disaster of some kind is being reported. As of this writing, we have an unprecedented event of two major tropical depressions headed for the United States. At the same time, wild fires are burning out of control in the California area. Thousands evacuated and hundreds of homes destroyed. Citizens and firefighters have been injured and some have died.

We have a pandemic that is ravaging the world. Thousands of citizens have died; millions impacted in many ways; lost jobs, insurance, homes, businesses, and the list continues.

What can you do? You can and MUST do your part to better prepare yourself and your family to weather a large tornado; have escape plans for floods, and follow the advice of the professionals on how to be safe and stay safe through these continued months of the pandemic.

Make an emergency plan that suits YOU and YOUR family. Decide what YOU need to do when that disaster hits; decide what supplies YOU want to have on hand; decide how important it is for YOU to have what your family needs.

Visit our website at: [www.lafayettecountyhealth.org](http://www.lafayettecountyhealth.org). There is a link for a wonderful tool to help you called, **“Ready in three.”** It gives you step by step instructions on how you can improve your readiness.

Call me to assist you in making YOUR family better prepared. My number is: 660-259-4371. ext: 2012. Do it today. You don’t always have a lot of warning before disaster strikes.

Make that effort to get BETTER prepared. **Better is better....not MORE is better.**

**Once the disaster happens, there is no time to suddenly “prepare.”**