

Lafayette County Health Department

*A community of safe,
prepared and healthy
people.*

March 31, 2016

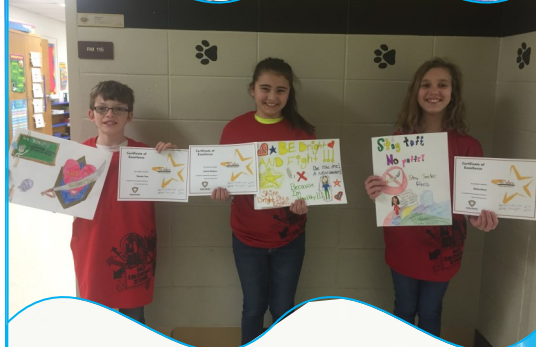
TAR WARS POSTER WINNERS



Concordia



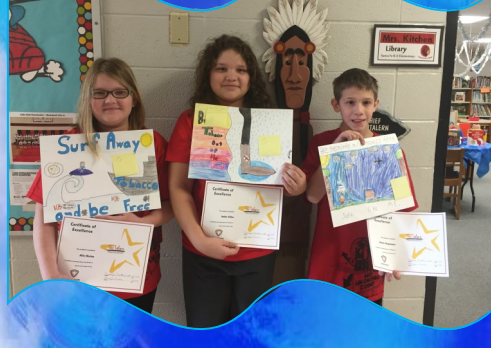
St. Paul's



*Wellington-
Napoleon*



Santa Fe



Presentations at Daycares/Preschools

The Lafayette County Health Department staff visits child care facilities in the county to present educational health programs to the children.

The purpose of this program is to increase children's awareness of health issues.

Programs that will be presented are healthy heart, poison prevention, and dental health.

Programs/Services

- Environmental Health
- Communicable Disease
- Immunizations/Education
- School activities
- Emergency Preparedness
- Vital Records—birth/death certificates



Public Health
Prevent. Promote. Protect.



Prevent. Promote. Protect.

NEW EMPLOYEE

Breann Hackward began working as the LCHD MAPP coordinator in January 2016. She graduated from University of Central Missouri in May 2015 with her bachelor's degree in Community Health. Breann lives in Higginsville, MO with her fiancé Nick. She enjoys fishing, traveling, and watching Royal's games during the spring and summer.

**PRESENTATIONS**

February 17, 2016 ~ Division of Youth Services Sun Safety Program

March 23, 2016 ~ Lexington Middle School Presentation on Puberty

March 24, 2016 ~ Division of Youth Services STD Presentation

LACTATION CONSULTANT SERVICES

LCHD has a lactation consultant on staff, Megan Curry RN. New moms or moms- to- be may make appointments for these services by calling 660-259-4371 extension 229.

Lactation consultants are professional breastfeeding specialists trained to teach mothers how to feed their baby. They help women experiencing breastfeeding problems, such as latching difficulties, painful nursing, and low milk production. A lactation consultant also helps babies who aren't gaining enough weight.

Lactation consultants help women who want to return to work or school meet their breastfeeding goals. They're familiar with breastfeeding equipment, like breast pumps, and give breastfeeding moms tips on how to safely store expressed breast milk.

DESIGNATED BREASTFEEDING FRIENDLY WORKSITE

The Lafayette County Health Department today joined a growing number of Missouri businesses by becoming a *Missouri Breastfeeding Friendly Worksite*. Breastfeeding friendly employers proactively support employees who choose to breastfeed their infants. They provide time, space and other benefits to maintain breastfeeding after a mom returns to work. Employers who provide these supports see a positive impact on their business's bottom line.

Employers that provide lactation support services report higher employee retention, lower absenteeism, higher morale, greater productivity, reduced health care costs. Many studies have also shown improved short- and long-term health of the breastfeeding mother and her child.

“Lactation support programs are a growing trend in businesses today as a means of improving family services to employees,” said Megan Curry, RN, IBCLC, Lafayette Co Health Dept.

WORKSITE WELLNESS



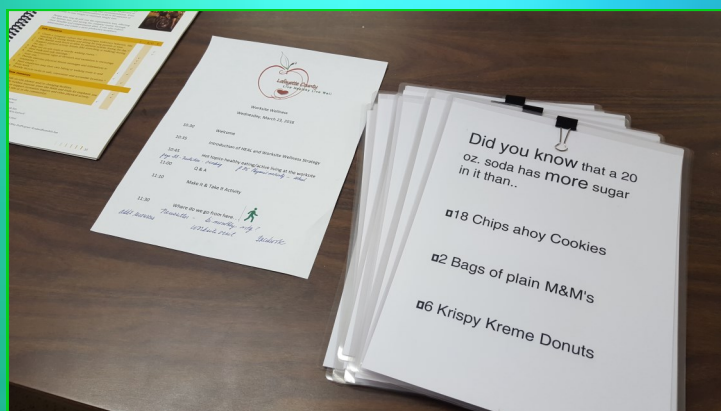
The Worksite Wellness kickoff for the Lafayette County, Live Healthy Live Well project was presented by Marsha Corbin and Carolyn Boland, RN. The presentation was held on March 23, 2016.

Attendees at the Waverly meeting represented 96 employees and at Alma the worksites represented 59 employees.

I hope you were able to share the "Rethink your Drink" materials with your co-workers. For those who couldn't attend, our *make and take* activity was producing some sugar packet strips that can be used to show how much sugar is in a 12 or 20 oz. soda.

We also did a visual with a 20 oz. Coke and its comparable "sugar" treats - 6 Krispy Kreme donuts, 18 Chips Ahoy cookies or 2 packages of M & M's!

Residents can follow the Lafayette County, Live Healthy Live Well page on Facebook for other tips and activities as we continue to encourage Worksite Wellness in our communities. Like and share with your co-workers and please send photos that we can post to see how you're promoting Worksite Wellness.



EMERGENCY PLANNER



My name is Rodney (Rod) Kirchhoff. I am the emergency response planner for Lafayette County Health Department. I returned to this position in January of this year after about a 28 month stint as the Interim EMS Director for Higginsville EMS.

I had previously worked as the planner here for 8 years before taking that 28 month time away. I have over 41 years in various aspects of health care. Although I do not claim to know everything, I do feel I have lots of experience to help with my job. Call on me for answers.

My job as a planner is to build partners with all of the other health care providers, emergency response agencies, and volunteer groups that help this department to respond to and care for the residents of Lafayette County should a major health care emergency occur. A few years ago, we dealt with H1N1 making sure sufficient vaccine was available in a timely manner is a small example of that preparation.

We live in a dangerous and uncertain world. It is critical that everyone be as prepared as they possible can in order to withstand and deal with any of the crazy things that are happening each day. The terrorist bombings that are occurring around the world, the major changes in our weather patterns that leave us with droughts, floods, high temperatures, major winter storms, and summer tornados are only a few of the things we all must be ready to face.

My job as an emergency planner for Lafayette County Health Department is to make sure that not only this department is ready to respond, but you, our citizens are ready to “weather the emergency” as well.

Please feel free to contact with any questions dealing with emergency preparedness. I am here to help you and your family feel safer and be better prepared.